



# Photo Dermatology

## Skin Health Analysis

### Patient Profile

Name \_\_\_\_\_ Age \_\_\_\_ Sex F M

Areas of Concern \_\_\_\_\_

SPT 1 1.5 2 2.5 3 3.5 4 4.5 5 5.5 6

Ethnic Background \_\_\_\_\_ Lancer Ethnicity \_\_\_\_\_

#### Medical History/Cosmeceutical Interaction

Health Complications \_\_\_\_\_

Current Medications \_\_\_\_\_

Allergies \_\_\_\_\_

Previous Cosmetic Procedures \_\_\_\_\_

Pregnant \_\_\_\_\_ Nursing \_\_\_\_\_ Planning \_\_\_\_\_

Mother started menopause \_\_\_\_\_ Contact Lenses \_\_\_\_\_

#### Lifestyle and Stress

Occupation \_\_\_\_\_ Since \_\_\_\_\_

Sun Exposure Daily \_\_\_\_ Yearly \_\_\_\_ Lifetime \_\_\_\_ Next two weeks \_\_\_\_\_

Daily SPF \_\_\_\_\_ Smoker \_\_\_\_\_ How long \_\_\_\_\_

Alcohol consumption weekly \_\_\_\_\_ Exercise \_\_\_\_\_

Diet \_\_\_\_\_

Daily water consumption \_\_\_\_\_ Pets \_\_\_\_\_

Stress Level 1 2 3 4 5 6 7 8 9 10 For how long \_\_\_\_\_

Current Skin Care

Step	Drugstore	Department	Professional	Rx
Cleansing				
Bleaching				
Acne product				
AHA				
Retin-A				
Exfoliant/type				
Treatment				
Moisturizing				
In-clinic treat				

**Subdermis thickness** thin med thick

**Photodamage:**

Elastosis mild moderate severe

Wrinkles mild moderate severe

Wrinkles Location – sun induced \_\_\_\_\_

Location – smoking \_\_\_\_\_

Location – repetitive movement \_\_\_\_\_

**Texture (circle any that apply)** smooth rough irritated dry oily resistive  
sensitive telangietasia actinic keratoses

**Pigmentation** Location \_\_\_\_\_

Cause \_\_\_\_\_

**Acne**

Chronic Acute Grade I II III IV

Skin care recommended: Essentials Kit \_\_\_\_\_

Cleanse \_\_\_\_\_ Treat \_\_\_\_\_ Balance \_\_\_\_\_ Protect \_\_\_\_\_

Next Appointment \_\_\_\_\_